

# Discover Campus Support Services



Colleges want you to succeed! Many offer services, like the ones below, to help you.

Record the location and contact information of key campus support services on your **My College Search**.

## First Year Supports

- Pre-enrollment/student orientation
- Student success courses
- First year seminars
- Summer bridge programs

## Academic Support & Advising

- Learning communities
- Supplemental instruction
- Academic centers/labs (Writing, math, or foreign language)
- Tutoring
- Information technology support
- Academic advising: Federal Student Support Services program

## Programs for Specific Student Populations

- Racial/ethnic minorities
- Students who are lesbian, gay, bisexual or transgender
- Students with disabilities
- Men or women
- International students

## Career Planning

- Career counseling services
- Internships
- Career development workshops

## Financial Aid

- Federal work-study program
- Loan options
- Specialized grants (math and science) and scholarships

## Counseling Services

- Mental health services (Depression, coping with stress, or feelings of isolation)

## Residential Life

- Residence hall programs
- Residential advisors

Use the strategies on the back to learn what services exist at colleges on your list.



## Learn About Campus Support Services in Your College Search

### 1. Use Online College Search Tools

Use an online college search tool to learn about the type of support services available for colleges you are considering.

### 2. Search College Websites

Search college websites using the following key words to identify support services.

- Academic Support
- Campus Services
- Residential Life
- Academic or Learning Centers

Some colleges even have campus support services guides available online to download.

### 3. Contact the Colleges on Your List

Call or email the Admissions or Student Services office for help.

You might ask:

- What services are available to support (first generation, racial/ethnic minorities, or students with disabilities) at your campus?
- How can students access these services once they enroll in the college?

Use your **My College Search** to record the name and contact information of the person you have contacted.

### 4. Contact Alumni or Current Students

Use your Upward Bound network, family or friends to get contact information, then call or email alumni and current students to learn about their experiences at your college of interest. Ask if they used any campus support services and which ones helped them to succeed in college.